

May 3, 2020

ENFIELD CONNECTS!

Neighbor to Neighbor Mutual Aid

Welcome to the first issue of Enfield Connects! We hope to keep this up on a weekly basis. Our purpose is to make it easy to ask for help and to offer help to each other. Many of us are having a hard time with things like food, unpaid bills, no job, poor health, poor housing, no transportation, and no internet. Many of us are alone in our homes, with no one to call on for help. There is a lot of loneliness and fear.

But we are inspired by all the volunteers who are helping at the Enfield Food Pantry. All the people making masks for hospital workers. All the kindness and generosity that people are showing. There is so much we can do to help each other out.

It's OK to ask for help!

Do you need someone to cut your grass? Would you like someone to call and check in with you every so often? Do you need help filing for unemployment? Are you struggling with addiction and just want to talk to someone about it without being judged? Do you need something to do to feel useful?

Tell us what you need or can offer

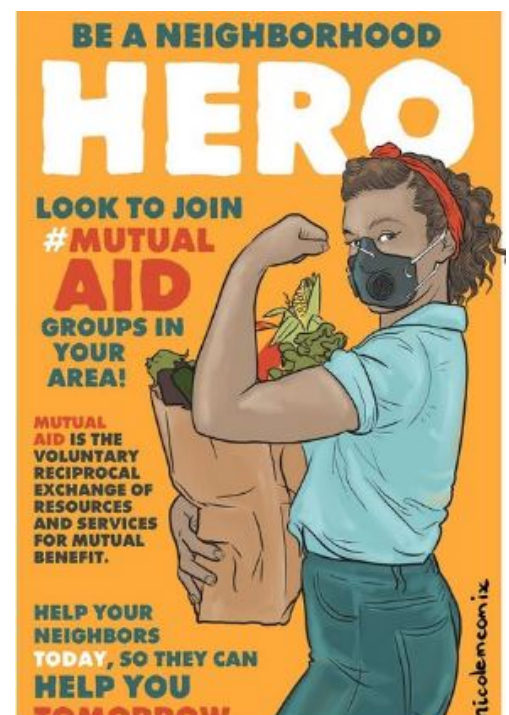
Send us your message of Help Wanted, Help Offered, Free Stuff, or Stuff I Need. You can tell us whether it is confidential or if we should print it in next week's *Enfield Connects*! You can send a message of *Gratitude* for someone or something you're thankful for. Or send a question or a poem!

How to reach out

- Leave a message at our new Enfield Mutual Aid line: 607-414-2113
- Or you can drop off your message at the food pantry
- Or send a message to enfield.ny.mutual.aid@gmail.com
- Be sure to include your name and phone number
- All messages are confidential unless you give permission to share
- A volunteer will return your call within 2 days
- Do NOT use this number for emergencies

MUTUAL AID OFFERS & NEEDS

HELP WANTED: I am looking for someone who can get my riding mower in shape so I can start cutting the grass. I am elderly and live by myself. I can pay you something for your help. Thank you! *Call 607-414-2113 if you can help.*



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HELP WANTED: The Enfield Food Pantry is looking for volunteers, Mondays 1-5PM, to help with distribution. *Call 607-414-2113 if you can help.*

FREE STUFF: I have lots of fall-bearing raspberry plants to thin out and give away. I will dig for you and you can pick up or I will deliver to you. *Call 607-414-2113 if interested.*

STUFF I NEED: The Food Pantry can always use donations of power drinks such as Boost, Ensure, etc for some of our elderly or fragile clients. *Call 607-414-2113 if you can help.*

HELP OFFERED: Can you think of something you can offer to neighbors? Maybe just a phone call to see how they're doing? *Call 607-414-2113 if you want ideas for helping out.*

GRATITUDE: The Enfield Food Pantry wishes to thank a generous local business, *Midstate Basement Authorities*, for doing all our home deliveries since March! They have gone above and beyond every week, and we will miss them! Starting May 11, Gadabout will be doing our home deliveries every Monday. Thank you Midstate Basement Authorities and Gadabout!

A MESSAGE FROM PASTOR JEAN OWENS

"Grandma! Grandma!" Shouts from my 10-year old grandson resonated through my house. As he ran towards me I scanned for blood. None was obvious. He poked his arm at me where I saw the small body of a tick crawling up his arm. As any Grandma worth her salt would do, I pinched the varmint as tightly as I could and carried it outside to dispose of it.

I can't count how many ticks I have massacred over the past few years. Even being vigilant, most of the grandkids have bouts of Lyme's Disease. I've had a couple of rounds of doxycycline myself. Not many have escaped the scourge. We just need to be diligent in combating them, always checking for hitchhikers after a day outside.

Yet, I know it is just for a season. It will pass.

Pastor Jean

Remember – We need to take care of each other now more than ever. Check on your neighbor. Share your skills, your tools, your garden, your talents, whatever you have to offer. YES WE CAN create a better world!

