

May 17, 2020

ENFIELD CONNECTS!

Neighbor to Neighbor Mutual Aid

Welcome to the 2nd issue of Enfield Connects! We want to make it easy to ask for help and to offer help to each other. Many of us are having a hard time with things like food, unpaid bills, no job, poor health, poor housing, no transportation, and no internet. Or we're alone in our homes, with no one to call on for help. There is a lot of loneliness and fear. But there is also so much kindness and generosity! There is so much we can do to help each other out.

It's OK to ask for help!

Do you need someone to cut your grass? Would you like someone to call and check in with you every so often? Are you struggling with addiction and just want to talk to someone about it without being judged? Do you need something to do to feel useful? Reach out!

MUTUAL AID OFFERS & NEEDS

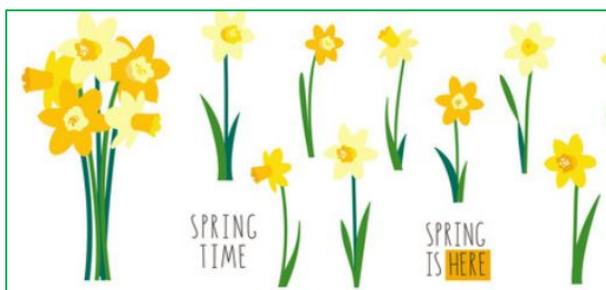
HELP WANTED: I'm a senior and I sometimes need help with things my husband can't do. Like raking leaves, weed-eating, trip to the doctor, maybe some light cleaning. I give thanks for the Enfield people who help and thanks for asking what I need. *If you can help this neighbor, call 607-414-2113 and we will put you in touch.*

FREE GARDEN SEEDS: FREE Seed Giveaways during Southside Food Pantry Hours, Saturday, May 23, 12:00-2:00pm, at the Southside Community Center, 305 South Plain Street, Ithaca, NY. All are welcome, seeds will be distributed first come-first served. CCE-Tompkins staff members will be on hand to answer questions (from an appropriate distance).

HELP WANTED: I am a senior, living alone, and I really miss being able to visit with folks. I would love to have someone to chat with over the phone every so often. *Call the Enfield Mutual Aid line at 607-414-2113 if you'd like to provide some telephone companionship.*

FREE BOOKS: The Enfield Food Pantry offers free books for families. Just ask when you pick up your food. If you have books to give away, bring them in a closed box that we can set aside for a few days. Thank you!

HELP WANTED: The Enfield Valley Grange (next door to the food pantry) needs help with mowing the lawn this season. *Call 607-414-2113 if you can help.*



HELP OFFERED: If you are feeling unsafe at home due to domestic violence, you can text 844-997-2121 or chat with someone on a new confidential website: www.opdv.ny.gov. These services are now staffed 24 hours a day, 7 days a week. The new lines are designed to reduce the chance that a victim is discovered by their abuser when calling for help.

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HELP OFFERED: Hey teens and tweens... Do you miss your friends? Are you bored silly?

Enfield Youth Programs has some great online programs for 5th Graders and up!

- Homebound Adventures Online (5th Graders): May 14 – June 4, 4pm - 5:30pm

- Lunch Bunch: Tuesdays and Thursdays, May 12 – June 4, 12pm - 1pm

- Makerspace (6th grade and up): Wednesdays, May 13 – June 3, 4pm - 6pm

- Minecraft Mania (6th grade and up): Tuesdays and Fridays, April 24 - May 15, 4pm – 6pm

For more info email Eric Carter at EMC333@Cornell.edu. Sponsored by the Enfield Community Council and Cornell Cooperative Extension of Tompkins County.

A MESSAGE FROM PASTOR JEAN OWENS

So, you wished for a break from the hustle and bustle. Now you have it. And now you don't appreciate it as much as you thought you would. If you are feeling isolated and alone think about this. During the Apollo lunar landing missions, the Command Module Pilot was alone in the capsule and at times, something like 3,600 km from the other two astronauts. No one has ever been so far away from any other humans. Being on the back side of the moon, away from Earth and the other astronauts on the moon. That would be isolating. The pilot would be unable to communicate with Earth or the other two. BUT they had so much to do that they never felt lonely.

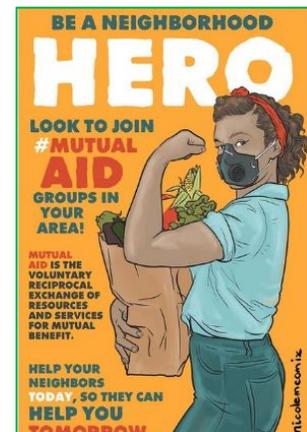
So, let's get busy.

1) If you have me, you want to share me. But if you share me, you don't have me. What am I?

2) I am heavy and hard to pick up, but backwards I am not. What am I?

3) What can be seen once in a minute, twice in a moment, and never in a thousand years. Answers below. Don't peek!

Pastor Jean



Tell us what you need or can offer

Send us your message of Help Wanted, Help Offered, Free Stuff, or Stuff I Need. You can tell us whether it is confidential or if we should print it in next week's *Enfield Connects!*

How to reach out

- Leave a message at our new Enfield Mutual Aid line: 607-414-2113
- Or you can drop off your message at the food pantry
- Or send a message to enfield.ny.mutual.aid@gmail.com
- Be sure to include your name and phone number
- All messages are confidential unless you give permission to share
- A volunteer will return your call within 2 days
- Do NOT use this number for emergencies

Answers: 1) A secret 2) A ton 3) The letter "m"