

Enfield Community Currents

News from and for the Community

Spring 2008

Free

"In the spring, at the end of the day, you should smell like dirt."
- Margaret Atwood

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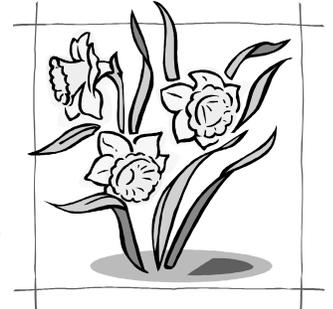
ECC Summer Camp information sheet and application

Omissions from this publication are not intended

The next issue will be compiled in June for publication at the end of that month. Contact the editor with information you'd like to see included.

A welcome to spring and a time of renewal -

I took a swing south to Roanoke and the Capital District because I could not stand another minute of the tundra here. Daffodils all over the place and cherry trees lining both sides of the road. Breathtaking! Although I was discouraged by the snow still clinging to the north side of the hills between Lisle and Caroline, the crocus are blooming at my house and, I know, the daffodils and shadblow will follow next month.



We didn't see much snow for cross-country skiing this winter, but the Enfield 4th and 5th graders kept busy playing basketball; check out their poem below.

Miss N., the school music teacher, reports that *Cabaret Night* was once again a big success. I dropped by a dance class one evening and everyone, young and old, was counting very hard. Sounds like the practice made perfect.

It's time for cleaning up the yard, taking things to the Salvation Army, making a list of things that can go in the dumpster during Clean-up Week across from the Town barns, planning the kids' summer vacation (the application for Summer Camp is enclosed) and planning some interesting activities for the whole family. We are blessed to live in such a beautiful place with so many places to explore and activities to participate in. Get out and enjoy!

Thanks to everyone in the community who provided information for our new and expanded publication. Enclosed you'll find *The Town Government Newsletter*; we've synchronized publication schedules to provide more comprehensive, non-repetitive information to the community and reduce printing and postage costs.

If you are in a group or organization that isn't mentioned, write us a line and tell us what you're planning. We'll include it next time.

Our Elementary School Coaches

Joined together as a team
Our #1 coach
Hero of the team
Never gives up hope

John, our #1 coach

Kind and careful
Active and responsible
Terrific Demonstrator
Hero of the team
You're #1 of a kind

Coach Kathy, you're the Best!

~Shelbi Alling
~Taylor Turscik

~ Ann Rider,
ECC Vice-President

Youth Contributors:

This issue includes contributions from several Enfield youth:

- Abbie Teeter, age 13, wrote about her experience as a participant in DeWitt Middle School's SCRUBS program.
- Shelbi Alling and Taylor Turscik, Enfield 5th graders, wrote an Acrostic poem about their basketball coaches.



Nick, a Primitive Pursuits participant, studies tracks with Dryden youth at our February overnight campout

Enfield Community Council Youth Programs

By Beth Bannister, Enfield Youth Program Manager

Enfield Youth have been very busy this winter, participating in a Storytelling/Youth Empowerment Program, Primitive Pursuits (highlighted with a winter overnight campout) and a rocket program. Boynton Middle School students also began work on a new magazine, which will continue into the spring. Our Spring Programs are:

For 5th Graders at Enfield Elementary

- **Primitive Pursuits**—Tuesdays, 2-4 p.m. This very popular program will be continuing this spring! Come learn new outdoor skills and crafts and become more aware of the wildlife that lives in your backyard.
- **Picture Perfect**—Thursdays, 2-4:30 p.m. This special photography program will be located at Enfield Elementary and South Hill Schools. Beth will be working with Tom Archibald, the Danby Youth Program Manager, and Enfield youth will be working with a small group of Danby youth. Enfield youth can build new friendships while learning about photography. We are also planning a whole day trip around Cayuga Lake during Spring Break! At the program's end, any youth who would like to display their photos can do so at our art opening. Flyers will be given out at Enfield Elementary; contact Beth for more information. Program limited to 6 youth, so sign up early.

For Enfield Middle School Students

- **Monday Makers**—Mondays 4-6 p.m. This ongoing program returns this spring!! Highlights this spring will include making hypertufa gardens (A great spring gift!), a photography project, and other great crafts. Meets at the Enfield Community Center, April 21—June 23 (not June 2).
- **Primitive Pursuits**—Tuesdays 4-6 p.m. Spring is here, and it is time to get outdoors even more! We will be making baskets from local tree bark, playing exciting awareness games in the woods that use camouflage and stealth, and continuing to grow our knowledge base of our backyards, and the shelter, food and water that are abundant there. Also, you can help prepare activities for an all day event— Primitive Pursuits Day, Saturday, May 10th. Meets at the Enfield Elementary School, April 1-June 24 (not May 27 or June 3).
- **Teen 'zine**—Wednesdays 3:30-5:30 p.m. Join Boynton students in working on a Teen magazine focusing on life at Boynton. Many youth have already started writing articles on spring fashion, horoscopes, teen advice, and short stories. Boynton Middle School, April 9 -May 21.
- **I.F.O.s (Identified Flying Objects)** - Thursdays 3:30-5:30 p.m. Join youth from the Boynton Community for this brand new program! We will be exploring many things that fly— Frisbees, kites, paper airplanes, unusual flyers such as aerobies, boomerangs and x-zylos, and our final project—rockets! See how far, how high, how long, and how zany we can fly these objects. Boynton Middle School, May15 –June 19.

For Enfield High School Students

- **Enfield Youth Employment** Youth 14 and older will be trained to work at jobs in Enfield in the Youth Programs, as an assistant, or at jobs at other sites in Enfield. Youth will have the opportunity to learn about and practice interviewing skills, write resumes, and learn skills on the job. In the past, Enfield youth have worked in the Enfield youth programs, in the Enfield Summer camp, gardening in the Enfield community, as well as in Ithaca at the Museum of the Earth and at the Sciencenter.

Enfield youth and families can contact Beth at 272-2292 ext 229 or by email at bab47@cornell.edu for more information on any of these future programs. Most programs are free; more information can also be found on the Cooperative Extension web page: www.cce.cornell.edu/tompkins/rys/index.htm

Soccer Program Applications Available



Look for applications at the Enfield Elementary School for this summer's open soccer program sponsored by the Northern Light Learning Center.

The program will start around mid April (or when the fields are dry) and continue through about mid June on Tuesdays from 4:30 to 6:00 p.m. at the soccer field at the school, weather permitting.

The program generally serves children age 10 and up, but the program strives for friendly games with a pretty low intensity level. Parents and guardians should be aware this is not a drop off program; adults should plan to stick around and help if needed or visit with other parents.

For more information contact Mike Carpenter at 280-0180.

Ultimate Frisbee

The Ithaca Youth Bureau presents Ultimate Frisbee for youth in grades 6, 7, and 8. This program meets Tuesdays and Thursdays from 4:00 - 5:30 p.m. at Stewart Park from April 22 - May 29. The \$30 fee includes a disc. Scholarships are available.



Enfield School Age Program (ESAP)

By Vera Howe-Strait, ESAP

ESAP has been very busy this school year. We have already explored monthly themes of *Getting to Know Each Other*, *Cowboys/Cowgirls*, *Gift of Giving*, and *Pirates* and are now reading *Folktales* from various countries. We will finish the year learning about *Lighthouses* and studying *Ireland*. Each month, we also have poems we try to memorize, famous quotes we work to explain and understand, riddles to guess, vocabulary word challenges, and try our hands at knitting afghan squares and finger knitting. Each day we have art activities, play outside or in the gym, learn how to play board games with friends, use our imaginations to build new structures that revolve around stories made up with friends, read in the book corner, listen to teachers reading books like *Treasure Island*, *Peter Pan*, and C.S. Lewis' *The Magician's Nephew* - and, of course, work on our homework!

In between homework and activities, the children have enjoyed "Primitive Pursuits" with Beth and Tim from Cooperative Extension; "Nature Explorers", a 10-week program with the Boyce Thompson Institute from Cornell University; a 3-week program about self-esteem, team building skills and peer pressure with Talia Epstein from the Drug Alcohol Council, and a 10-week program on Healthy Snacks, culminating with a cookbook for each ESAP family courtesy of the IPEI Grant.

As busy as our children are, we make sure to find time to continue with our community projects throughout the year: Letters to children in the 5th Ward of New Orleans will be sent along with 4 boxes of school supplies, books, and games, etc., several large bags of stuffed animals, and ESAP student-made knitted blankets. Join us for our third annual *Hop-A-Thon for Muscular Dystrophy!*

Children are now diligently working to complete their art projects for the third annual *Art Gallery Opening and Auction Evening*. Students are all making various art projects, from aluminum paintings to tie-dye laces and a program T-shirt, mosaic tray, clock, birdbath and picture frame, flat beads with picture magnets, clay coasters, display plates and recycle-materials robot with a plant holder. Many of our families, community members, fellow students, school personnel and downtown Ithaca businesses are also donating artwork for this event.



Enfield School Age Program Art Gallery Opening & Auction Evening

Friday, April 25th
6:00 - 8:00pm
Enfield School Cafeteria



ESAP's annual *Art Gallery Opening and Auction Evening* is the program's major fundraiser of the year. This formal event invites the community to enjoy sparkling cider and hors d'oeuvres while viewing fabulous works of art created by students and other members of the community, which are donated for the auction to follow. All are invited to "dress your best", meet Enfield students, visit with and make new friends, listen to live piano music courtesy of the music teacher, Ms. N., and bid during the auction using actual numbered paddles—just like the real thing!



Teen Summer Employment Opportunity

The Enfield Community Council's Summer Day Camp Counselor-In-Training (CIT) Program

offers youth age 14 to 15 the opportunity to get work experience and learn job skills. The CIT learns basic first aid, behavior modification, and conflict resolution techniques as part of their daily interaction with the campers. CIT's work with one of 5 or 6 age groups under the supervision of each group's Senior and Junior Counselor. CIT's also spend one week with any or all of the specialist positions (Sports, Drama, Arts/Science). In a typical day, CIT's learn ways to interact with campers, identify age appropriate activities, and help younger campers successfully participate in daily activities. CIT's also help the camp maintain it's daily schedule by assisting with the set up for breakfast and lunch, serving meals and cleaning up afterwards.

This is a great experience for those interested in future employment as a camp counselor or working with children in any capacity. CIT's are compensated with a daily stipend.

For more information contact Vera Howe-Strait, 273-1413, or Beth Bannister, 272-2292.

Time to Think Summer—and Register for Enfield Community Council's Summer Day Camp

We know—we're barely out of winter and here we are talking about summer! But as with everything, it will be here quicker than we think. This year's Camp Season starts July 7th and runs through August 15th—enroll by June 15th to guarantee a place for your child. As in the past, the program will offer before and after camp care options as supplements to the core program.

There are exciting changes for this year's program, supported by a new staffing structure: in addition to the Camp Director, there will be an Assistant Camp Director, a Trip Leader, an After Camp Leader and an After Camp Assistant Leader. New specialized staff will help the program be more successful than ever by arranging additional field trips to: different parks for more swimming and hiking, the Watkins Glen movie theater and possibly even the Binghamton zoo or museum. Also being planned are more guest presenters from, for example, the Finger Lakes Independence Center, Cornell's Boyce Thompson Institute—or maybe we'll visit their lab, and, for the oldest group of campers, sessions with Talia Epstein from the Drug and Alcohol Council. We plan to keep the campers busy, having fun and learning!

Applications are included in this newsletter and are available at the Enfield Elementary School office, the Enfield Town Clerk's Office, Valley Corners Store, and at the Enfield Elementary School Age Program weekdays 2:00 - 5:30 p.m. You may also photocopy a blank application. Questions? Contact Vera Howe-Strait: 274-2368 weekdays 2:00 - 5:30 p.m. or email, Vstrait18@cs.com.

SCRUBS

By Abbie Teeter

Every Thursday, 15 students from DeWitt Middle School go to the Cayuga Medical Center (CMC) to learn what it is like to work there. Eight of those students are from Enfield, and I am one of those students.

When we get there, we change into Scrubs, eat a snack, and go to different parts of the CMC in two groups. So far, we have gotten a tour of CMC and we have gone to different parts of the hospital to have hands-on experiences. Every time we go somewhere, we meet someone who works in that unit and they give us a tour and then do an activity with us that's related to that unit.

On our first visit we learned about CMC and on our second visit we learned CPR. Then we started to visit different units each week. We went to the radiology lab one day, and we each got to bring in one thing to X-Ray. Another day we met with people who work in the Mental Health unit, and we played a game that they play with the people in their unit. When we went to the Emergency Room we all got splints put on our arms like we had sprained them. That same day, we went to the Pharmacy and got to individually wrap M 'n M's like they would do with medication. We learned about what happens to people who had a stroke, too. We each drew a piece of paper with a stroke effect on it, and then we had to make a sundae. Some people only had the use of one hand, some people couldn't bend their fingers, and others had to work with only half their normal vision. We had to eat the sundaes like that too. We also went to the Intensive Care Unit. We practiced CPR and we got to practice injecting medicine into oranges.

Next week we will start shadowing medical professionals. We filled out a sheet to identify our top three, out of about 10, choices for shadowing. We will be given a mentor on Thursday, whom we will shadow for the rest of SCRUBS.

We are really enjoying this program and learning a lot, and appreciate the time our teachers Ms. Volkmar, Ms. Binns and Ms. Turner and Ms. Goodwin and the rest of the CMC staff have spent time with us.



Enfield SCRUBS, from left: Terra Hubbell, Ally Van Valen, Abbie Teeter, Tamrie Oliver, Ashley Betts, Laura McEnerney, Brooke Davenport; Missing: Katie Gasteiger

KINDERGARTEN REGISTRATION

If you have a child in your household that will be 5 years old by December 1, 2008 call Amy Ruta at the Enfield School, 274-2221, for information on registering the child for kindergarten.

ENFIELD PRE-K REGISTRATION

The ICSD's Prekindergarten at Enfield Elementary is a full day program for three and four year old children. Apply as soon as possible for consideration for the 2008-09 school year; applications available from the Early Childhood Program office: 277-3060.

Sign Up Now for Ithaca Babe Ruth

The Ithaca Babe Ruth Baseball League is now accepting player registrations for the spring and summer 2008 season. To be eligible to play, a player must be 13, 14, or 15 years old by April 30, 2008, and must reside within the Ithaca City School District. In order to participate, you must complete and submit an application form with the \$90.00 registration fee by April 27th, 2008.

The season runs from mid-May until approximately early July. Opening day for games is Memorial Day, Monday May 26.

A mandatory player evaluation session is scheduled for Saturday, May 3rd from 2:00-4:00 p.m. at the Ramin Room in the Field House at Cornell University (no "cuts" are made; evaluations are for balancing teams.). Applications, on-line registration, and further information can be obtained at <http://www.ithacababeruth.org>, by calling League Registrar Pam Hanna at 257-2862, or emailing ithacababeruth@yahoo.com

4-H Kritter Kamp Provides Unique Opportunity

The Tompkins County 4-H program is offering a unique opportunity for youth 9–13 years of age with an interest in, but little or no experience with, animals. "Kritter Kamp" will be held June 6 & 7, at 4-H Acres. Participants will camp overnight at 4-H Acres, and will learn about animal behavior, grooming tips, anatomy, health, nutrition and diet needs, proper handling and presentation of an animal for show. Participants will work with an experienced 4-H member to learn these new skills, and practice on the animals provided (sheep, dairy, goat, or rabbit). The overnight program will end with a show and pizza party Saturday evening.

Contact Brenda Carpenter, 272-2292, btc6@cornell.edu for more information and a registration application. A \$40 registration fee must accompany the registration form. This fee will provide handouts and resource material, a binder for resources, meals and snacks, and access to all the necessary grooming tools, halters, equipment and animals. Partial scholarships are available upon request. Limited registration is available for each species, and will be assigned as registrations are received. A list of personal items necessary to bring to Kritter Kamp, and a schedule of activities will be provided to all who have registered. Parents are encouraged to attend with their child, and friends and family will want to come Saturday evening to watch the show.

For more information on 4-H programs in Tompkins County, check out our website at <http://www.ccetompkins.org>.

**A Week's Worth of Alternatives with the Youth Bureau
For National Turn Off Your TV Week**



National Turn Off Your TV Week challenges us to think about the amount of time we spend in front of the TV and think about alternatives that promote healthier lifestyles. With the warming weather many already feel the urge to spend more time outdoors—perhaps this is just what the family needs to throw off winter and get moving into summer!

All programs are at the Ithaca Youth Bureau (IYB), 1 James L. Gibbs Drive (near Stewart Park). Pre-registration is required for these programs, except for the Tae Kwon Do

Demo; some programs have fees (scholarships are available) and space is limited. Contact 273-8364 for more information.

- **Monday, April 21, 6:15-7:15 p.m. - Kick off for Ithaca Youth Bureau 60 Mile Challenge:** "60 Miles for 60 Years" (see side bar)
- **Tuesday, April 22, 6-8 p.m. – Miniatures Workshop:** Come craft a tiny wizard's room. Richard Taber will share his craft and lead the group in creating a tiny room created from your imagination. Ages 10-12, \$8 fee, instructor: Richard Taber, at IYB.
- **Wednesday, April 23, 6-7 p.m. – Tae Kwon Do Demo Night:** Students will demonstrate the skills they have learned during the first half hour; then those interested in trying Tae Kwon Do will be invited to join in and learn some self-defense moves. All ages, free, at IYB.
- **Thursday, April 24, 6-7:30 p.m. – Chess Get Together:** Join us for a casual evening of fun to practice your skills, learn some new ones and play new opponents. Add to the fun and bring a dessert to share (optional). Players of all ages and levels (Children under 10 must be accompanied by an adult), free, at IYB.
- **Friday, April 25, 6:30-8:30 p.m. – Adult/Child Pottery Project Night:** Join us for an adult/child night at the Mud Art Studio. Make a family candle holder, build a bowl or bring a project idea of your own. Ages 8 and up and a grown-up, \$8 for members, \$16 non-members, instructor: Marsha Acerra, at IYB.
- **Saturday, April 26, 11 a.m. - Aquafina Pitch, Hit, & Run Competition** (see side bar)

**Ithaca Youth Bureau
60 Mile Challenge
"60 Miles for 60 Years"**



Help the Ithaca Youth Bureau celebrate 60 years of service to Ithaca's Youth! Join our weekly walking club and take on the 60-mile challenge! *Free Pedometer for the first 100 people who register!*

Here's the Challenge: Walk 60 miles over a 10-week period. We'll meet for weekly group walks at Cass Park and use the Waterfront Trail. You choose the distance and the pace; can you walk .5 miles, 2 miles, 3 or more? Track your miles walked during the week and with the group (we'll provide log sheets). At the end of 10 weeks submit your completed log-book for a chance to win a prize!
Who: All Ages interested in a challenge. Children under the age of 12 must be accompanied by an adult
Where: Cass Park – Meet at the Rink and Pool Entrance. We'll warm up and walk the Waterfront Trail
When: Mondays, April 21 through June 23, 6:15-7:15 pm (No program May 26, Memorial Day)

This is a FREE program, but all walkers must register. Please call 273-8364 or see the web site, www.ithacayouthbureau.org, for a registration form - and put on your walking shoes!

Aquafina Pitch, Hit & Run Competition

Saturday, April 26, 11:00 a.m.*
Kiwanis Fields, Cass Park

The Aquafina Pitch, Hit & Run Competition is a FREE opportunity for youth to display the three key fundamentals of baseball—pitching, hitting and running. Local Individual Event Champions and Top-Scorers have the opportunity to **advance** to sectional competitions in the area, and may even go to the National Finals hosted by Major League Baseball.

For girls and boys ages 7-14 (as of 7/17/08); players need their own glove. Participants **MUST** bring birth certificates for registration at 10:30 a.m. at the Kiwanis Fields. Please call 273-8364 or see the web site, www.ithacayouthbureau.org, for a registration form.

NOTE: Volunteers are needed for this event

* **Rain date: May 3**

**The 8th Annual Tompkins County
4-H Cascadilla Duck Race and 5K Run**

Sunday, April 29, 2008
Noon to 4 p.m.



Come watch 3600 bright yellow rubber ducks tumble over Cascadilla Falls then bob down the creek in a frantic and fabulous race to the 4-H Education Center on Willow Avenue. Entry forms for the 4H Duck Race and 5K Run can be found at a many locations throughout the county, including: Arnold's Florist Shop, Back to Basics in Dryden, Curves in Lansing, Dryden Lawn and Recreation, CFCU, Cornell Orchards, Cornell Public Service Center, Greenstar, Tompkins County Public Library, The Rink, and Shursave-Trumansburg

Great Prizes: Top-finishing ducks win great prizes donated by local businesses. Grand Prize is a \$500 cash "Nest Egg". Other prizes include a Coleman Grill, Apple 8 GB iPod Nano, Cuisinart Food Processor, an Apple 1 GB iPod, a Sony Cybershot Digital Camera, a video camcorder, the ultimate mini day spa, car washes, gift certificates, and much more!

For more information about the event, call: Breanna Fulper, 4-H Duck Race Coordinator or Megan Tiftt, 4-H/Youth Development Team Coordinator at Cornell Cooperative Extension of Tompkins County's 4-H Office (607) 272-2292. You can also e-mail Breanna at blf26@cornell.edu or Megan at met38@cornell.edu.

The Enfield Community Blessing Shop

The Enfield Community Blessing Shop, located at 174 Enfield Main Road, be opens for the new year on Saturday, April 26th at 11:00 a.m. Regular shop hours will be 11:00 a.m. to 1:00 p.m. on the 2nd and 4th Saturday of each month, April through November.

The Blessing Shop is a ministry of The First Baptist Church of Enfield Center. We provide used clothing and household items to anyone in need. ALL items are free, everyone is welcome!

We accept donations of slightly used clothing and household items. Clothing must be clean; no stains or holes. Household items and furniture must be in good working condition. Donations are accepted by contacting Ginny French, 277-3902.

Enfield Parents: Do You Want your Child to go to College But Don't Know How to go About Helping?

There's a free program available to help you and your child with this dream. It's called **ACE**, which stands for "Access to College Education". This program is for teens entering high school: students currently in 8th grade. They should be talking to their middle school counselors or the ACE program coordinator now.

ACE offers resources and services to expand and support the educational aspirations of teens who may be limited by social and/or economic circumstances. This program is an innovative partnership among local schools and Cornell University, Ithaca College, SUNY Cortland and Tompkins Cortland Community College.

ACE sponsors many activities that take the mystery out of going to college. They give high schoolers opportunities to visit college campuses, attend college functions such as lectures, social experiences, and theater presentations. Participants also take skill training and receive academic support and motivational training during their high school years. Successful completion of this program gets participants special admission consideration to the 4 institutions that participate.

The ACE program gives parents ideas about how to help your high schooler be a successful college bound student. It also helps with the mysteries of college costs and student aid. Call Marie Mouboussin at the high school, 274-2220 and visit the website: www.cortland.edu/ACE for more information.

Focus on Health:

The Robi Comb, a New Weapon in the War Against Head Lice

Any family that's had to deal with an infestation of head lice knows the countless hours, mess, misery and money involved. Several parents report surprising and pleasing results using the Robi Comb, an electronic lice comb that works like a bug zapper: as you comb the gadget through dry hair, a continuous electric charge "zaps" and kills the lice—without harming the child.

At about \$25, the Robi Comb becomes more attractive the more often you are faced with a head lice problem. One parent said that after several infestations, she bought the comb and used it on a mild infestation. She found that all adult lice were killed during the first two daily uses, and after 5 days no more lice of any size were found. She continued using the comb daily for a total of 10 days to assure she got all nits from remaining eggs, and also followed the good eradication practices of laundering bedding, bagging pillows, stuffed animals, and other soft goods and vacuuming all surfaces. A check two weeks later found no lice.

While the Robi Comb would probably not be the first line of defense against a full blown head lice infestation (i.e. hundreds of those little devils), it would work well for following up every day after the initial shampoo and comb out, and might eliminate the need for the follow up shampoo. Used proactively once a month or following a child's overnight visit to a friend, parents can identify and dispatch head lice before they get out of control.

The Robi Comb is available at discount department stores and drug stores throughout Ithaca and can also be ordered over the internet.

Enfield Senior Citizens

The Enfield Seniors meet from 11:30 a.m. to 1:00 p.m. on the 3rd Wednesday of the month at the Grange. Meetings include a dish-to-pass luncheon.

Expect a lot of activity this year, as the group celebrates it's 30th anniversary! They are planning two trips for this coming summer as well as a few noon lunches around the area, with carpooling offered. Also in the works is a great summer picnic in July at Taughannock State Park with games and lots of fun. A few fundraisers are also being planned.

All Seniors are invited to come on down and check out the meetings and activities. Call president Bill Eisenhardt at 272-0827 for more information.

Last but certainly not least, this year's quilt is ready! Each year the Enfield Senior Citizens make a beautiful quilt to be raffled off at the Enfield Harvest Festival—Keep your eyes open for those raffle tickets!



The Greater Ithaca Health and Wellness Fair

Saturday, May 10
10:00 a.m. – 2:00 p.m.
Enfield Elementary School

!!! Everyone Welcome to Attend !!!
!!! Come check it out !!!

A few of the day's activities:

- Blood pressure checks
- Cholesterol screening
- Bike safety
- Car seats checked for proper installation
- Wegman's – free berry parfaits
- Chair massages from FLSM
- Glucose screenings
- Also find information about: asthma, family safety, dental health, yoga, nutritious snacks, and MUCH, MUCH MORE

Experts to Give Free In-Home Energy Saving Trainings

The Green Resource Hub of the Finger Lakes is offering free training to Ithaca area residents on no- and low-cost home energy improvements. The Energy Efficiency Community Outreach program offers low and middle-income homeowners and tenants a chance to learn to make do-it-yourself improvements to their homes to conserve resources and save money. Home improvement professionals will demonstrate how to weatherize homes, do easy kitchen and bath repairs, reduce electricity bills, and make homes more comfortable.

Participants get hands-on experience learning about their homes, and receive free materials like caulk-guns, weather stripping, and compact fluorescent light bulbs.

All sessions are free. Training consists of 4 weekly sessions in participants' homes. The next sessions are Thursday's from 6:30-8:30 p.m., April 24-May 15 and Wednesday's, same time, May 28-June 18. Limited space available, for more information or to register contact Susan Wiener, 279-7187 or Sean Vormwald, eeco@greenresourcehub.org.

Enfield Historical Society

The Enfield Historical Society will meet on Wednesday April 16th 2008 at 7:00 p.m. in the downstairs of the Enfield Community Building. The Enfield Town Historian, Susan Thompson, will be reporting on several projects and activities of her office. As the historical society has not had a meeting for some time. (the Community Building was closed for several months for some much needed improvements), Sue will take this opportunity to bring us up to date on her work.

The meeting's agenda will include:

- Treasurer's report
- Election of officers for 2008-09
- Membership committee
- Program committee
- Historians report

Have you paid your 2008-09 dues? Individual membership is \$5, Family membership is \$7, Organizational membership is \$10, and Lifetime membership \$100 or more; please send dues to the treasurer, Beatrice Schwoerer, at 210 Harvey Hill Road, Ithaca NY 14850.

For more information about the Historical Society, contact Doris Rothermich at 272-5930.

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• **Editor's Note:** *This* .

• *newsletter may reach you* .

• *after this meeting; please be* .

• *aware the Historical Society* .

• *meets bimonthly and* .

• *welcomes new members!* .

.....

Agape Bible Church
264 South Applegate Road

We invite you to join us Sunday mornings for our 70 minute service, beginning at 8:30 a.m., with a bit more of a traditional flavor. Or, join us at 10:00 a.m. for our contemporary worship celebration. Nursery and children's church are provided in this service only. Youth group also meets twice a month during this 2nd service.

Our church community includes local residents from Enfield as well as many people from all over Tompkins County, including Cornell and Ithaca College students.

Agape Church has an active outreach program which involves many from our church, including students, providing spiritual outreach to: Lakeside Nursing Home, Titus Towers, Beachwood (formerly The Reconstruction Home), Oak Hill Manor, Lou Gossett Center, Cayuga Addiction Recovery Services, and Lansing Residential Center for Girls.

Midweek Bible Studies topics at the present time are: *Studies in the Gospel of John, Women of Excellence, and Walk, Worship and Witness.*

Men's Bible Studies meet twice per month in homes and Echo's Women's Breakfast meets monthly.

Please contact Pastor Mike Corriero or Pastor Chip Adams-Compton at 273-7419 for further information. You can also visit our website: www.agape-ithaca.org or view our Cable TV broadcast: "God is Greater" on Time Warner Cable Channel 13, on Mondays 10:00 p.m., Tuesdays 2:00 p.m., Thursdays 4:00 p.m. and Fridays 9:00 a.m.

If you identify a need in your life for God, or have a spiritual hunger for Him, or you are seeking Him, join us!

Workshop: Easy Perennials for the New Gardener

Easy-care perennials are a good way for new gardeners to get their green thumbs dirty! Come learn about easy perennials for both shade and sun and also for dry or wet sites. Get suggestions on plants that will come back year after year without pampering or dividing too often.

Workshop date: Thursday, May 8, 6:30-8:30 p.m. at the CCE Education Center, 615 Willow Avenue in Ithaca. Pre-registration preferred, 276-2292, \$5 fee.

Enfield Food Pantry

The Enfield Food Pantry is available to Enfield residents in who need help providing food for themselves and their family. The pantry is open on the second Tuesday of every month from 1:00 - 3:00 p.m. and on the fourth Tuesday from 12:00 - 4:00 p.m.

The pantry is located at the Enfield Community Building at 182 Enfield Main Road and is a ministry of the Enfield Baptist Fellowship. The Town of Enfield provides the space and utility costs.

For the Farm Community:

Cornell University's Small Farms Program is involved in a diverse array of projects intended to build the capacity of small-scale farmers across New York State. Find out more about this program at <http://www.smallfarms.cornell.edu/>. Here are a few of their upcoming programs:

- **Building a Successful Small Farm Operation:** September 23, 30, October 7, 14, and 21 in Orleans County. Contact Paul Lehman of Niagara County CCE or Lynn O'Brien of Allegany/Cattaraugus County CCE.
- **Beginning Livestock Producers Training:** Sept. 30, Oct. 7, 14, 21, 28, and Nov. 11, 18. A seven week training focusing on business planning and production considerations. Contact Jim Ochterski or Russ Welser of Ontario County.
- **Swine School:** April 18 & 19th at Stone Barns Center in Pocantico Hills, NY. Topics include Outdoor Management Techniques, Swine Behavior, Meat Quality Feeds & Feeding, Herd Health, Breeding & more! \$60 per person. Fee includes breakfast both days & lunch on Friday. To register visit www.stonebarnscenter.org or call 914 366 6200 x15

Gas Leasing Complaint Form Now Available: New York Farm Bureau (NYFB) and the American Association of Professional Landmen have collaborated to develop a complaint form for landowners as they interact with gas companies and landmen in their pursuit of achieving a mutual gas lease agreement. If you feel that you have been misled, coerced, misrepresented, or lied to in any way, please visit NYFB's website, <http://www.nyfb.org>, to print and fill out a form to the best of you ability and send it to the address indicated on the form.

Calendar of Events

April

- 16 Enfield Historical Society, 7 pm, Community Building, next meeting in June (pg 7)
- 25 *ESAP Art Gallery Opening & Auction Evening*: 6-8 pm, Enfield School Cafeteria (pg 3)
- 21-26 National Turn Off your TV Week (pg 5)
- 26 Aquafina Pitch, Hit & Run, 11 am, Cass Park (pg 5)
- 27 Earth Day Celebration, Ithaca Farmers Market
- 29 Duck Race & 5K Run, Cooperative Extension (pg 5)

May

- 3 Grange Breakfast—last of the year! 7:30-11 am, pancakes, French toast, waffles, country sausage, hash browns, applesauce & beverage—yum!
- 8 Easy Care Perennials Workshop, 6:30-8:30 pm CCE-Tompkins (pg 7)
- 10 Health & Wellness Fair, 10 am-2 pm, Enfield Elementary School (pg 6)
- 10 Primitive Pursuits Day, call Beth Bannister for more information: 272-2292 (pg 2)
- 17 Spring Garden Fair & Plant Sale, 9 am-1 pm, Ithaca High School

June

- 6&7 Kritter Camp, 4-H Acres (pg 4)
- 20 5th grade graduation, 6:30 pm, Enfield Elementary School
- 25 Last day of elementary school

July

- 7 Summer Camp Starts (pg 3)

Regularly Scheduled Community Meetings & Activities

Community Council: 3rd Monday, 7:00 - 9:00 p.m. at the Community Building

Grange: 3rd Wednesday, 7:00 p.m. at the Grange Hall

Historical Society: Bimonthly, 7:00 p.m. at the Community Building (pg 7)

Senior Citizens: 3rd Wednesday, 11:30 a.m. - 1:00 p.m. at the Grange; meetings include a dish-to-pass luncheon (pg 6)

Food Pantry: 2nd Tuesday, 1:00 - 3:00 p.m. & 4th Tuesday, 12:00 - 4:00 p.m., at the Community Building (pg 7)

Blessing Shop: 2nd and 4th Saturday, 11:00 a.m. to 1:00 p.m. 10:00 a.m., April through November, 174 Enfield Main Road (pg 6)

Enfield Community Council
PO Box 214
Jacksonville NY 14854

Non-Profit Organization
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